

The Way I Feel Books

THE BEST CHILDREN'S BOOKS OF THE YEAR 2003, BANK STREET COLLEGE

By **Cornelia Maude Spelman**



Cornelia Maude Spelman is a writer, artist, and former social worker who has written about the importance of emotions in the lives of children and families. Her "The Way I Feel" series of picture books for young children is about recognizing and managing emotions and forming healthy, happy relationships. Her books also help children cope with difficult situations such as death and divorce, and help parents educate their children about protecting themselves from unwanted touch. Her books have been called "sensitive," "compassionate," "gentle," "reassuring," and "understanding."



Illustrators: Kathy Parkinson and Nancy Cote

BabyEnglish.best

helps parents and teachers

Limit children's access to the Internet - Internet Illusion!
Protect Child from bad content - full control by Parents and Teachers.

Children learn English naturally:
playing, watching cartoons, communicate with peers and teachers. They will understand English.

Well-designed *preschool education*
reading, writing, mathematics, painting, logic, effective system stimulation of learning.

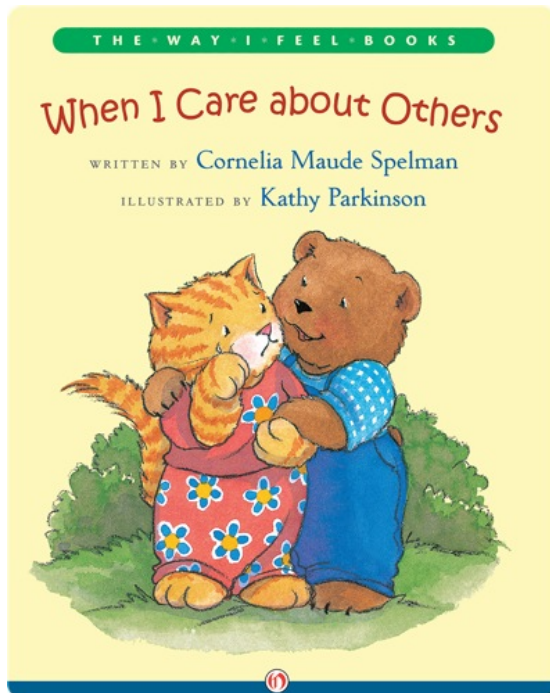
Save a lot of your time!

See details



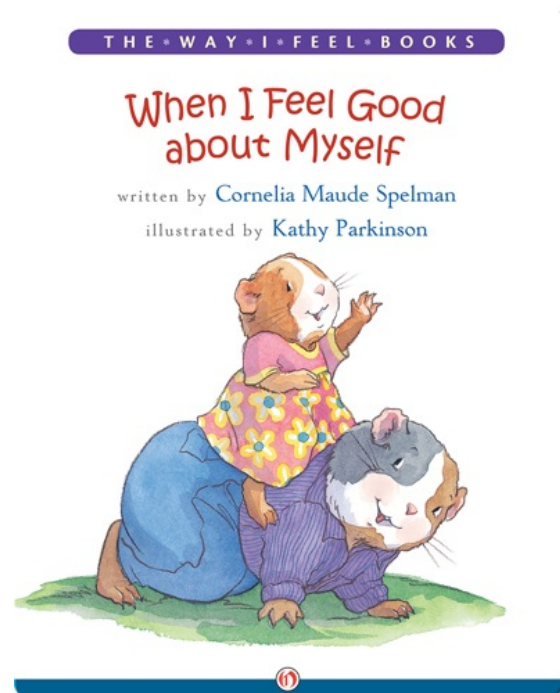
<http://babyenglish.club>

In these books there is a little text and many ideas that can and should be discussed with the child. We kindly ask parents discuss and discuss again these books with children.



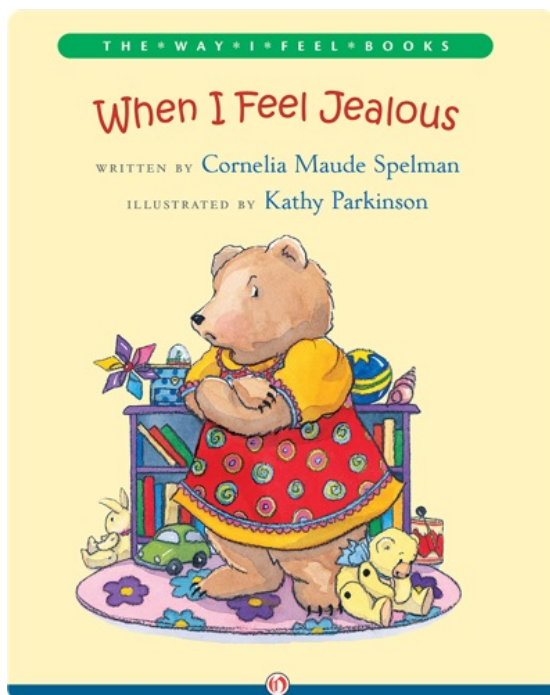
When I Care about Others

Book teaches children to treat others how they would like to be treated - a great lesson that all kids need to learn.



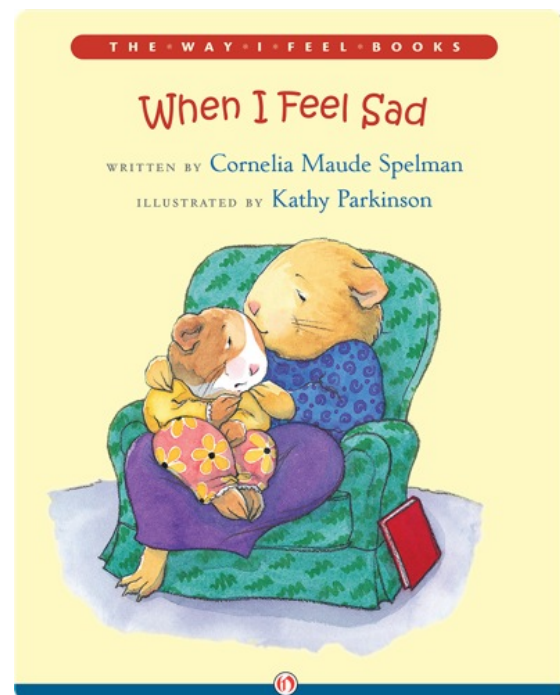
When I Feel Good about Myself

"I feel good about myself. Somebody loves me just as I am. **It's fine to be me.**"
This book offers children positive and upbeat examples about being themselves.



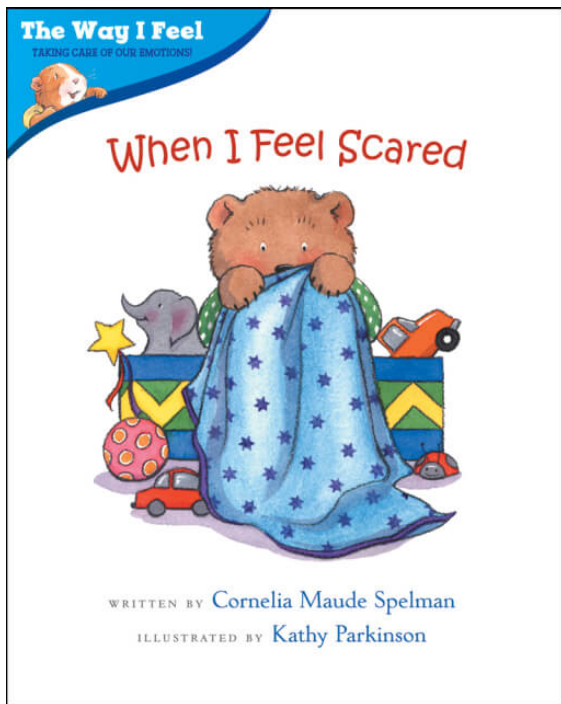
When I Feel Jealous

"Jealousy is a prickly, hot, horrible feeling. I don't like feeling jealous, but—everybody feels jealous sometimes."



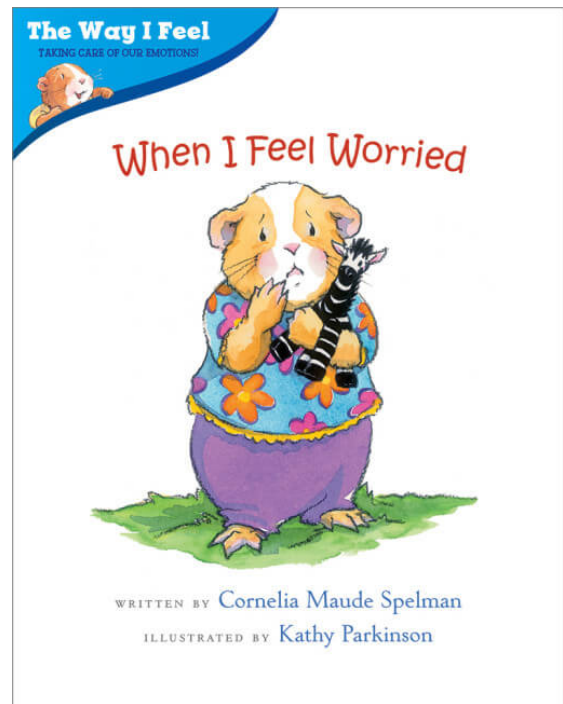
When I Feel Sad

In this story a guinea pig lists situations that cause her to feel sad. Also she shows positive ways to dispel this negative feelings.



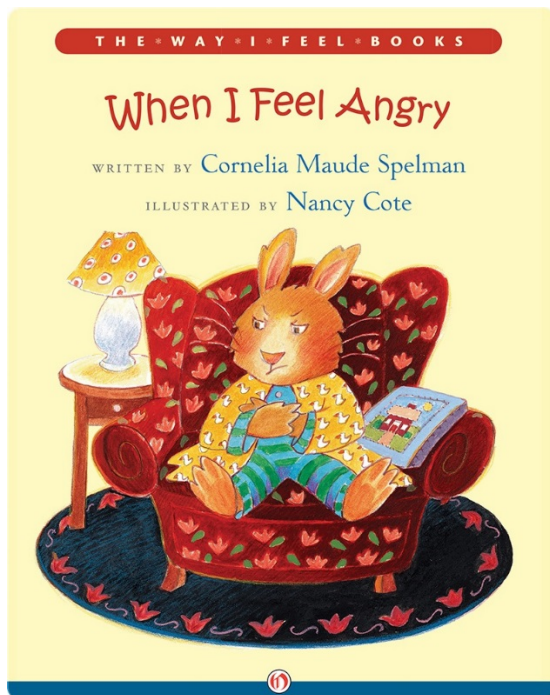
When I Feel Scared

Children often feel afraid. This book, with its comforting words and illustrations, will help children address those fears and learn some new ways to cope with being afraid.



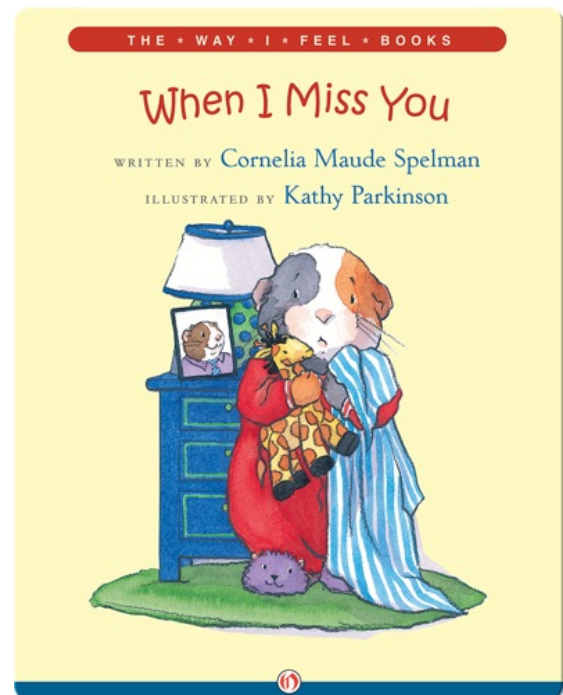
When I Feel Worried

Everybody worries. Children worry too—in new or confusing situations or when someone is angry with them. Show your children positive ways to dispel negative feelings.



When I feel Angry

Anger is a scary emotion for young children, their parents, and caregivers. As this little bunny experiences the things that make her angry, she also learns ways to deal with her anger—ways that won't hurt others.



When I Miss You

Young children often experience anxiety when they are separated from their mothers or fathers - "Missing you is a heavy, achy feeling. I don't like missing you. I want you right now!" What the child should do? The answers are in the book.